

Summary of 2021 Financials*

INCOME & EXPENSES

	<u>INCOME</u>
Affiliate Donations (ARHF)	\$71,668.02
Donations	\$15,657.00
Legal Fund.....	\$3,000.00
CV famliy Membership	\$37,170.00
New Family Membership	\$9,590.00
HP Supervisor Training.....	\$10,227.00
Membership Dues	\$9,685.00
Public Lectures.....	\$141.55
Royalties.....	\$1,895.27
Book Sales	\$236.06
Misc. Revenues.....	\$614.50
Totals	\$159,884.40

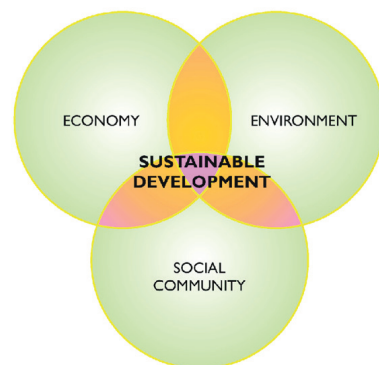
	<u>EXPENSES</u>
Affiliate Contributions(ARHF)	\$70,400.61
Affiliate FHCiA	\$100.00
Advertising.....	\$2,960.84
Bank fees.....	\$2,582.58
Cost of books sold	\$307.36
Mediciments	\$182.50
Office supplies.....	\$1,325.28
Printing	\$480.96
Postage	\$725.89
Rent	\$1,481.25
Legal and professional fees.....	\$775.00
Compensation Officers	
Treasurer.....	\$11,235
Administration.....	\$10,010.00
Research.....	\$17,745.75
Teachers.....	\$8,837.25
Totals	\$129,150.27
Net.....	\$30,734.13

* Visit our website at freeandhealthychildren.org for detailed financials.

BALANCE SHEET SUMMARY (12/31/21)

<u>ASSETS</u>	
Legal savings.....	\$10,632.13
Checking.....	\$32,225.71
Total Bank Accounts	27,789.29
Total Current Assets	28,039.29
Total Assets.....	28,039.29
<u>LIABILITIES & ASSETS</u>	
Opening balance	\$1,242.68
Unrestricted net assets	\$39,375.52
Net income	\$2,239.64
Total Liabilities and Assets.....	\$42,857.84

FHCi is inviting all patron members to consider how they want to be involved in the economics of the expansion of access to HPx. You are a part of an emerging sustainable community economic model.



FREE AND HEALTHY CHILDREN INTERNATIONAL

FHCCI

Free and Healthy Children International (FHCi) is a 501(c)3 non-profit:
 Research, Education, and Access to Homeoprophylaxis. EIN 46-2093772
freeandhealthychildren.org | fhcint@gmail.com
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FREE AND HEALTHY CHILDREN INTERNATIONAL

FHCCI

2021 Annual Report

February, 2022

Our Mission

Our mission and objectives include: 1) overseeing the collection and analysis of data regarding the effectiveness of homeoprophylaxis as it affects long-term health, 2) research into homeoprophylaxis and homeopathic protocols aimed at protecting children's and adult immune systems, 3) educating parents, caregivers, and health practitioners about healthy immune system function and maturation, and 4) ensuring a mechanism of access to the homeopathic remedies needed to fulfill these objectives.

FHCi in 2021

Our focus has always been on the health and well-being of children. Our goal in 2020 was to expand public awareness of HPx for childhood infectious diseases. Instead, our focus naturally shifted to the COVID-19 pandemic and its effect on the population, and we began research into the Coronavirus nosode.



As we had just completed our long-term children's research in 2020, we already had the infrastructure to begin research associated with the effects of the Coronavirus nosode. In 2020, FHCi tracked 1,169 participants who used the Coronavirus nosode with the intent of preventing and reducing COVID-19 symptoms. We dedicated 2021 to finalizing research and publishing articles in peer-reviewed journals available on our website.

Despite our shift in focus, we are happy to announce that we managed to double our membership through this process. Revenue for new family members investing for the Coronavirus protocol came to \$37,107. Membership revenues for new families came to \$9,590. This influx of resources has allowed us to expand our vision for 2022 towards access to HPx as a public healthcare model. Our vision includes a new technology platform and infrastructure for continued documentation of HPx recipients and efficacy.

We are grateful to the community of HPx Practitioners and family members that have joined us on this journey!

Homeoprophylaxis
 The Holistic Approach
 to Immune System Education
 Free and Healthy Children International

Comparing Homeopathy and Homeoprophylaxis



Theory of HPx

- ✓ Introduces disease agents into the immune system before exposure to stimulate immunity
- ✓ Addresses susceptibility of the individual and collective
- ✓ Elicits an elimination route through immune response
- ✓ Learning without the suffering
- ✓ Same theory as vaccination
- ✓ Protects the population by way of the morphogenetic field

Theory of Homeopathy

- ✓ Based on the *Law of Similars*
- ✓ The pathogenesis of a toxicology, or disease process, that substance has the potential to produce when used in potency, has the potential to heal said ailment.

Proving homeopathy through Coronavirus nosode research

1. Tenet: Potentized remedies made from pathological sources have the capacity to activate and modulate immune symptoms in those sufficiently susceptible.

2,741 unique symptoms were brought on or modulated after administering the nosode, made from potentized alveolar lavage fluid and sputum from nasopharyngeal swabs of active Covid-19 cases. This demonstrated a susceptibility in the population receiving the remedy and that potentized substances have the capacity to affect the human system.

2. Tenet: Homoeopathic provings of a potentized substance provide the clinical indications of that substance.

To date this was the largest proving ever done. 796 respondents reported over 2,741 symptoms in all organ systems including the immune system. Proving this nosode demonstrated that immunological substances will produce immunological symptoms and that those symptoms, while differing in kind, look like the symptoms of the active disease. Symptoms were collated and compiled in extensive *Materia Medica* providing the clinical indications for the homeopathic use of Novus-CV.

2020 Long-term Study Results

The 2021 influx of FHCi family members was made possible because of our Coronavirus research. We understand that homeopathy and HPx are new concepts for many of you. To learn more about our foundational complete childhood immunization program, these results are available in book form or on our website.

Conclusions of our long-term children study indicate that when middle-class families of unvaccinated and partially vaccinated children understand the protocol supported by knowledgeable Practitioners, they can successfully complete this HPx program; and demonstrate that HPx offers both unvaccinated and previously vaccinated children a low-risk immunization method that improves general health outcomes.

A big “Thank You” to all our 2021 donors!

Anna Gray	\$5,200	Patriq DuSaint	\$ 200
Pamela Swanson	\$1,852	Mary Gaughan	\$ 100
Christy Spencer	\$1,250	Misc. of >\$99.99	\$1,505
Solution Donations	\$1,052	ARHF Donations	
Amber Currie	\$ 165	Joe Roberts	\$70,000
Renee Crainer	\$ 150	Many others	\$ 1,668

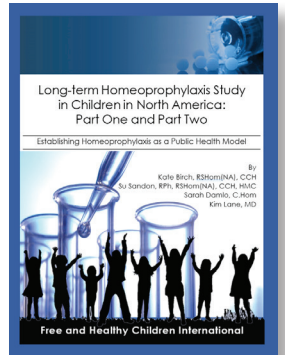
Volunteer and committee positions are available!

For those family members and practitioners passionate about HPx, please contact us with your ideas, offerings, and capacity to be involved.



“Immune system is government. Immune system is God working through us. Immune system is the intersection between soul and external environment. Love your immune system. Children and adults need healthy immune systems to exist. Take care of your immune system. Let it work for you. FHCi is dedicated to supporting healthy immune systems.”

- Kate Birch, Co-Founder of FHCi



Long-term Homeoprophylaxis Study in Children in North America: Part One and Part Two
Available on Amazon
ISBN 13: 979-8666113752

TOGETHER WE ARE
GROWING HEALTHY
CHILDREN AND
FAMILIES.

Coronavirus Nosode Research (cont'd)

2020 Research Efficacy per Cohort*

1) Previous Disease

- Homeopathic cure rate of unresolved/relapsed symptoms: 97.1%

2) Active Disease

- Homeopathic cure rate of 96.66%

3) Exposure to either

- Efficacy of HPx was 100% in those with definite exposure

* Efficacy is based on findings from March through October, 2020. The surge of vaccines beginning August, 2021 dramatically changed the health landscape of the vaccinated and unvaccinated.

Abstract

Homeopathic nosodes have been used historically for treatment and prevention of infectious disease.^{i, ii, iii} At the outset of the 2020 global pandemic with SARS CoV-2, we set to determine the longitudinal safety, efficacy, and effects of dosing with Novus-CV.^{iv} Through the homeopathic proving process, a comprehensive Materia Medica was to be established.^v Once collated practitioners would have an accurate symptom picture upon which to prescribe.^{vi}

i. Bracho, G., Varela, E., Fernandez, R., et al. "Large-scale application of highly-diluted bacteria for Leptospirosis epidemic control." *Homeopathy*. 99 (2010): 156-166. [cited 2021 October 21] Available from: <https://pubmed.ncbi.nlm.nih.gov/20674839/>.

ii. Pappas, Pam. "Homeopathy, allopathy, and the 1918 Influenza Pandemic." *Hpathy*. November 8, 2010. [cited 2021 October 21,] Available from: <https://hpathy.com/homeopathy-papers/homeopathy-allopathy-and-the-1918-influenza-pandemic/>

iii. Golden, I. "Large Homeoprophylaxis Interventions by Government Institutions." *Similia, The Australian Journal of Homoeopathic Medicine*. Volume 31, Number 2. Hobart Tasmania. December 2019. [cited 2021 October 21] Available from: <https://freeandhealthychildren.files.wordpress.com/2020/12/similia--approved-government-programs-for-homeoprophylaxis.pdf>.

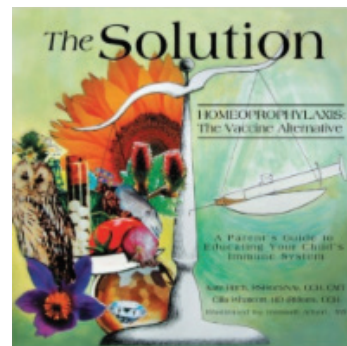
iv. Birch, K., Heng, J., Morse, C., Garrison, S., Wood, C., Calvi-Rooney, G., Dobelmann, D. "Determining the safety, effects, and efficacy of Novus-CV in homeopathic dilution in humans for Covid-19 disease prevention." *Similia, The Australian Journal of Homoeopathic Medicine*. Volume 31, Number 2. Hobart Tasmania. June 2021.

v. Birch K, Heng J, Morse C, Garrison S, Wood C, Calvi-Rooney G, Dobelmann U. The shattered mirror: synthesis of induced and cured symptoms of coronavirus nosode, Novus-CV, in homeopathic dilution in humans. *The American Homoeopath, Journal of the North America Society of Homoeopaths*, 2021;27.

vi. Hahnemann, S (1997). "The Organon of Medicine." 5th Edition translated by Dudgeon. 6th Edition translated by Boericke. Paragraphs 34-40. [cited 2021 October 2,] Available from: <http://www.homeoint.org/books/hahorgan/organ020.htm#P34E5>.

The Solution: A parent's guide to educating your child's immune system.

Available on Amazon
ISBN 13: 978-1480001916

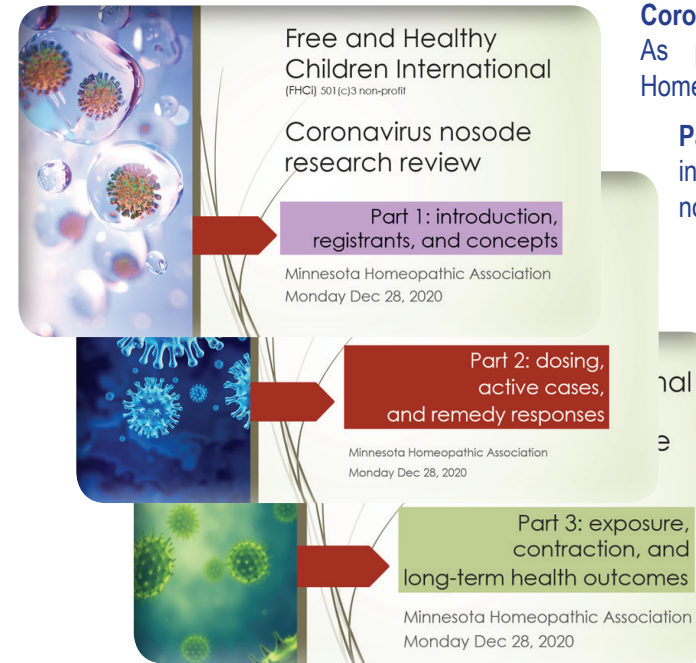


2021



Watch our Research Videos

Found at freeandhealthychildren.org

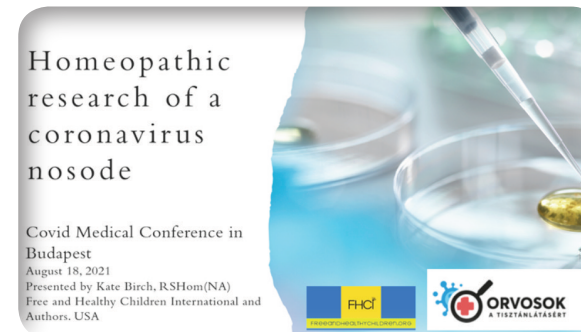


Coronavirus nosode research review, Parts 1,2,3
As presented by FHCi during a Minnesota Homeopathic Association community conversation.

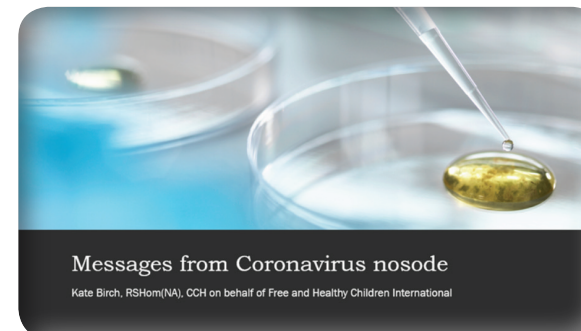
Part 1: Learn the structure of the research, introduction to homeoprophylaxis, who took the nosode, and concepts surrounding the research.

Part 2: Learn about dosing, active cases, and remedy responses.

Part 3: Learn about the exposure, contraction rates and long-term health outcome from the use of coronavirus nosode in relationship to COVID-19 disease expression.



COVID-19, Coronavirus nosode, and the angiotensin system. An overview of homeopathic proving symptoms, understanding the pathogenesis of COVID-19 and the angiotensin system through research and the subsequent indications for the clinical application of the coronavirus nosode. Presented by Kate Birch, on behalf of FHCi in Hungary through the Orvosok organization.



Messages from Coronavirus nosode. This video highlights what we have learned about the transformation humanity is undertaking through this global epidemic. We invite you to come on our journey. Presented in the U.K. through the Alliance of Registered Homeopaths.

Upcoming Projects for 2022

Symposium: FHCi is in process of planning the first Homeoprophylaxis Symposium, where practitioners and families alike can learn the big picture and finer points of HPx. Stay tuned for our International HPx Awareness Week when we will announce the date.



Membership Levels: FHCi is creating new membership levels to accommodate practitioners in administering our upcoming new programs.

Updated Website

As we step into a leadership role for the burgeoning field of HPx, FHCi is excited to announce our new website, scheduled for completion mid-2022. In service to humanity, our new website will present clear, concise information regarding HPx through FHCi's programs, lectures, articles, and publications. It will also include new program protocols for different population groups. It will assist families and practitioners via a login to a communication portal, which will allow for ongoing support and program status documentation. The new certificate generator will create interim certificates and completion certificates of the Childhood HPx program and other HPx programs.

Private Membership Association

At the conclusion of 2021, FHCiA was formed to register all of our HPx Practitioners in a Private Membership structure.

As alternative healthcare practitioners, we are well aware of the potential for government overreach when it comes to non-FDA-approved products. The current Coronavirus vaccines are registered under an Emergency Use Authorization only. The parameters of this EUA are such that if a proven alternate agent is available, the use of these vaccines will decline. Thus we understand that the FDA has a vested interest in blocking public access to homeopathic nosodes. When practitioners operate within a PMA, they are protected by the constitution and fall outside the reach of the FDA and regulatory bodies.



The FHCiA Code of Ethics for Practitioners holds our practitioners in esteemed benevolence, care, and ethical integrity towards homeopathy and homeoprophylaxis.

Summary of Published Research in 2021

FHCi, registered as a 501(c)3, is the only organization in North America dedicated solely to the research of homeoprophylaxis.

We spent a hectic year publishing the three articles listed below and compiling the Novus-CV Materia Medica, which is now included in the industry-standard RadarOpus repertory software. Our research was measured against the founding principles of homeopathy as outlined by Samuel Hahnemann in the *Organon of Medicine*.

This work was deeply transformative for everyone who worked on the research, simultaneously observing our social structure collapsing under the governance and administration of the pandemic (hence, the article titled The Shattered Mirror). The view from inside the work was that of a bird's eye view, but we were also at the bottom of the well; in the cauldron so to speak. This research profoundly changed and affected our lives as we saw the potential for transformation of society as we know it.

We are so grateful for every participant who followed up with us for the research and our fantastic research analysis team and authors of each article. Our research team consists of HPx practitioners, homeopaths, and family members. All authors are registered FHCi HPx Practitioners.

Research Authors

Kate Birch, RSHom(NA), CCH, C.HP,
 Juan Heng, CCH, RSHom(NA), C.HP,
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 Shelly Garrison, CCH, C.HP,
 Cheryl Wood, CCH, RSHom(NA), C.HP,
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 Ursula Dobelmann, CCH, C.HP,
 Amy Rozen, RSHom(NA), CCH, C.HP,
 Ruth Pearson Smith, C.HP.

Published Articles in 2021

The Shattered Mirror: synthesis of induced and cured symptoms of coronavirus nosode, Novus-CV, in homeopathic dilution in humans. *The American Homeopath, June 2021.*

Determining the safety, effects, and efficacy of Novus-CV in homeopathic dilution in humans for covid-19 disease prevention. *Similia journal of the Australian Society of Homeopaths, June 2021*

A Homeopathic Proving of the Coronavirus nosode; Novus-CV
 AKA: Abbreviation Novus-CV PRC (People's Republic of China), Deterreo-PRC, Novus tellus, CV-1. *Similia journal of the Australian Society of Homeopaths, Dec 2021*

Complete repertorization of coronavirus nosode
RadarOpus Repertorization program, Oct 2021

