

Free and Healthy Children International (FHCi) 2019 Financial Report

Individual Donations	
Solution Donations	\$3,191.34
Anna Gray	\$2,448.00
Pamela Swanson	\$2,200.00
Paypal Giving Fund	\$351.14
Kate Birch	\$279.27
Tracey Liesmaki	\$300.00
Erika Mataj	\$215.00
James Laso	\$200.00
Lindsay Niebruegge	\$200.00
Platform donations	\$192.38
Amber Currie	\$190.00
Eileen Ciampini	\$165.00
Wellness Integrity Wisdom	\$150.00
Karen Sportini	\$150.00
Dederik Fine	\$110.00
Amazon Smile	\$107.33
Anand Omprakash	\$101.00
Meghan Riccio	\$100.00
Christy Spencer	\$100.00
Paul Theriault	\$100.00
Misc donation < \$99.99	\$832.85
Totals	\$11,683.31
ARHF Donations	
Joe Roberts	\$70,000.00
All others	\$266.00
Totals	\$ 70,266.00

Assets	
Legal savings	\$5,780.29
Checking	\$2,431.80
One Coin	\$18,197.32
Total Accounts	\$26,409.41
Liabilities	
Opening balance	\$1,242.68
Unrestricted net assets	22,412.41
Net income	\$2,754.32
Total liabilities and assets	\$26,409.41

**Thank you to all who contributed to FHCi in 2019.
Together we are growing.**

	Income	Expense
Affiliate Donations (ARHF)	\$70,266.00	
Booklet Sponsors	\$140.00	
Donations	\$11,683.31	
Legal Fund	\$2,102.50	
New Family Membership	\$8,987.00	
Existing Family Membership	\$50.00	
HP Supervisor Training	\$1,669.00	
Membership Dues	\$6,563.50	
Public Lectures	\$199.31	
Royalties	\$2,289.73	
Misc. Revenues	\$582.72	
One Coin	\$1,822.64	
Totals	\$106,355.71	
Affiliate Contributions (ARHF)		\$69,638.12
Advertising		\$205.13
Bank fees		\$1,338.79
Conference fees		\$1,961.50
Certification fees		\$187.50
Office supplies		\$1,689.59
Printing		\$857.83
Postage		\$538.88
Rent		\$3,420.00
Travel		\$356.28
Compensation Officers		
Treasurer		\$6,500
Administration		\$7,395.00
Research		\$7,706.43
Teachers		\$1,805.81
Totals		\$103,600.86
Net	\$2,754.85	



2019 Board Members

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Thank you for your participation on the board!

Free and Healthy Children International 2019 Annual Report

January 2020

in 2019 469 kids enrolled
in the HP program

1,197 total children in FHCi Family
Membership

29 national and international conferences
were attended and lectures given on HP

5200 people were
reached on social media

Four main areas of focus from 2019:

- **First quarter:** Collect all documentation for the 10-year HP research. Creation of FHCi monthly family newsletter.
- **Second quarter:** Provide advanced HP education for existing HP supervisors on 1. Program changes; 2. Ethical and legal issues; 3. How to give a public lecture, connect with HP supervisors in the field, facilitate participation in local presentations on HP, and encourage networking with families and communities. Publication of Practitioner Code of Ethics.
- **Third quarter:** Analysis, conclusions, and submission for publication for Long-Term Homeoprophylaxis research data.
- **Fourth quarter:** Hold strategic planning meeting for 2020. Review year end accomplishments. Open Board positions to include HP family members. Initiation of self-audit process.

2019 marked the completion of FHCi 10 Year Research Project: Long-Term Homeoprophylaxis study in children in North America. Part One and Part Two:

December 2019: Publication of Part One in Similia, Journal of the Australian Society of Homeopaths, Volume 31, Number 2: Factors contributing to the successful completion of sequential dosing of disease nosodes.

June 2020: Publication of Part Two in Similia, Volume 32 Number 1: Long-term Homeoprophylaxis study in children in North America Part Two: Safety of HP, review of immunological responses, and effects on general health outcomes.



**Thank You 2019 volunteers:
the work is accomplished
through you!**

- Lise Battaglia
- Willow Buckley
- Mariana Caixiero
- Yashasvi Jhangiani
- Jackie Krammer
- Kavitha Kukunoor
- Deborah Landowne
- Abby Matzke
- Crystal Morse
- Ruth Pearson Smith
- Kristen Santangelo
- Ruth Shepard Trode

2019 Volunteer Tasks

Attendance and/or speaker at conferences, connecting with other homeopathic associations, social media outreach through Facebook, WhatsApp, and Instagram, contribute to family newsletter, website updates, International Homeopathic Awareness Week, ethics committee, strategic planning meeting.

**Contact FHCi for
volunteering in 2020!**

Contact Us: fhcint@gmail.com
612-338-1668 or 805-826-FHCi

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freeandhealthychildren.org

EIN 46-2093772

What is Homeoprophylaxis (HP)?

HP involves using homeopathic remedies called “nosodes” to stimulate and educate the immune system toward the infectious disease process. Nosodes are made from pure disease agents only: no adjuvants, growth mediums, or preservatives.

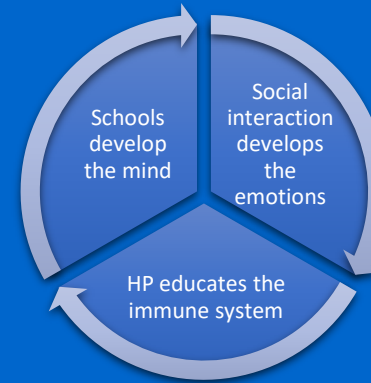
- **HP** serves to engage the immune system to the environment which normalizes ones’ relationship to bacteria and viruses.
- **HP** stimulates the immune process towards infectious contagious disease while preserving children’s health.
- **HP** enhances normal childhood development through gentle immunological stimulation with pure disease energy.

Looking forward to talking about HP in 2020.

As we focus 2020 on a grassroots movement for public outreach to bring awareness to homeoprophylaxis (HP) we want to empower families to be able to talk about HP; why they are doing it, and what they have noticed with the health of their children as they participate.

What families are saying:

- "My children are healthy and thriving. We all look forward to our doses. No more fear of the dangerous reactions, injuries, and illnesses we experienced after shots. Our HP supervisor has been more helpful and available than any physician or practitioner we have ever known." V.R.
- “We never knew we had a choice, so now I tell all my friends & reach out to anyone I know who is pregnant & tell them they have a choice! You do too!” M.H.
- "We were thrilled to find an alternative and this makes sense to us logically and scientifically. My family and I prefer to build natural immunity, and HP is part of that." J. & M.W.
- “I know my children have had an introduction [to childhood diseases], and I know their immune system is smarter for it” U.D.



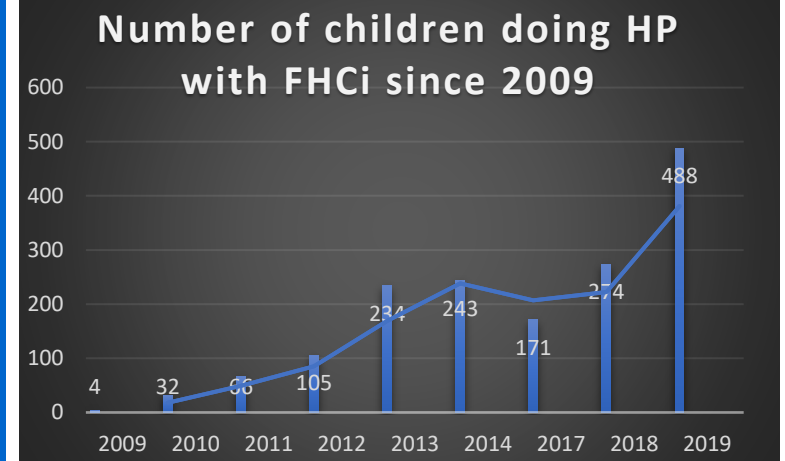
**Homeoprophylaxis as a
Model of Service with FHCi**

- Providing the gift of HP for children’s immune systems.
- Supporting families as they utilize HP for their children.
- Supporting HP Supervisors with their families and in their communities.
- Transforming HP Supervisors into leaders.
- Ensuring open access to HP with governance provided by the FHCi Board.

**States with the most
families enrolled:**

CA, CO, CT, FL, MI, MN, TX,
WA.

Free and Healthy Children International (FHCi) is a 501(c) 3 non-profit: Research, Education, and Access to Homeoprophylaxis.



Note for above data: Program was made available April 2009. There was no tracking system in place from Jan 1, 2015 until July 15, 2017. *Not all children doing HP in North America are registered with FHCi. *Not all who enrolled with FHCi have completed the program.

In 2020 connect with FHCi to find your voice and participation for the health of all children!

Channels of outreach:

- Social media
- Direct interaction with HP families
- Printed material describing HP
- Publication of FHCi’s HP Research

We have two main times of the year to target promotion of HP -

World Homeopathy awareness week (April 10-16)



And

International Homeoprophylaxis Awareness Week (Aug 4-10).



Please join us in our efforts in 2020 to reach as many people as we can.

